

Grade 1/ Graad 1: Week 17 & 18



English / Afrikaans

My friends & Being safe/ My vriende & Veiligheid



Ministry of Education,
Arts and Culture



NAMIBIAN
COMMUNITY TRUST

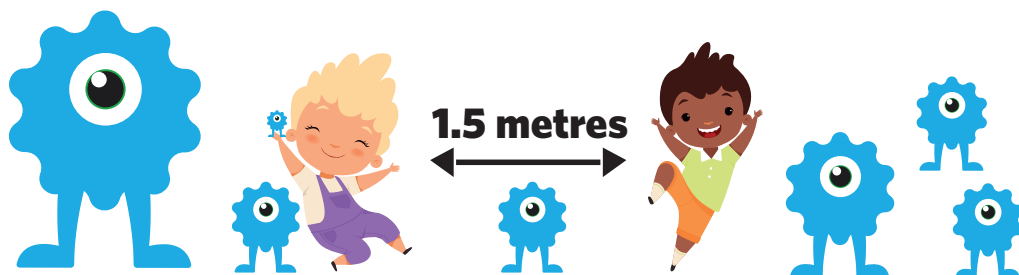
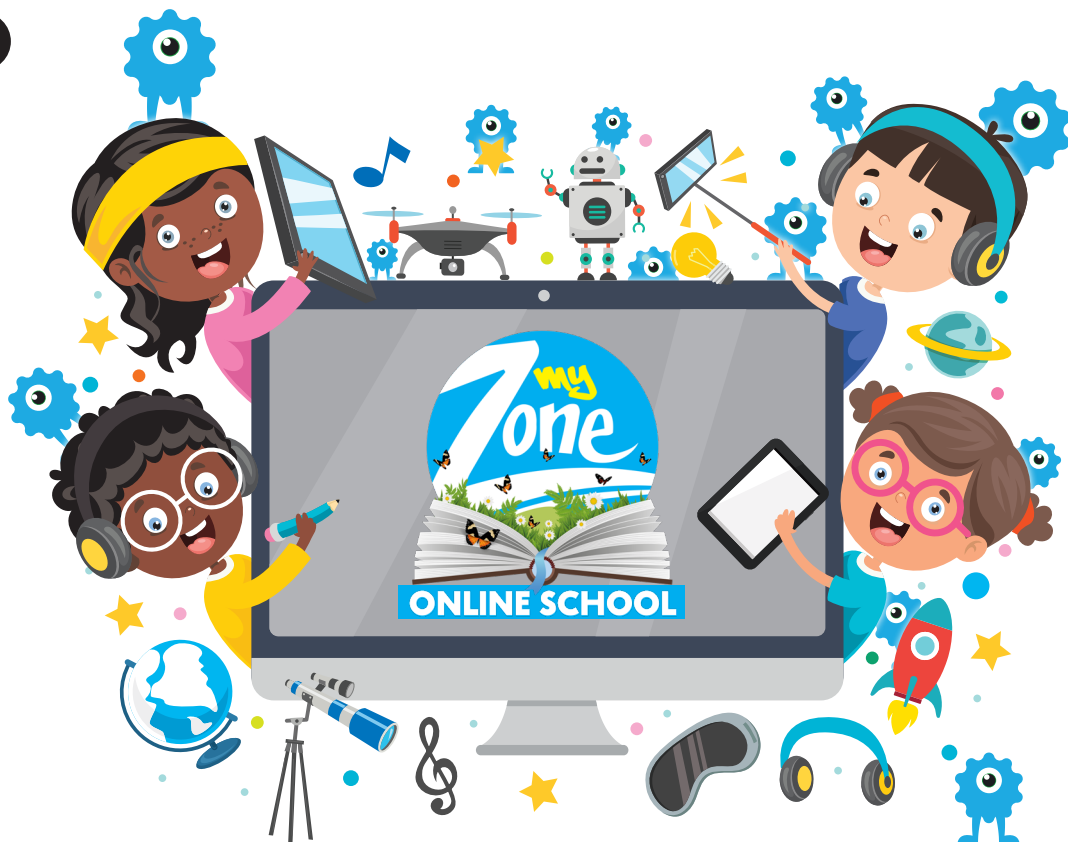


Capricorn Foundation

unicef

for every child





These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

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Sight words / Sigwoorde

Read:

no go can help

Trace it:

Write it:

no no no
go go go
can can
help help

Blank handwriting lines for writing practice.

Lees:

nee gaan kan help

Teken op die stippellyne:

Skryf dit:

nee nee
gaan
kan kan
help help

Blank handwriting lines for writing practice.

Search the vocabulary words.

Vind die woordeskat woorde.

c	a	n	g	o
h	h	e	l	p
e	c	g	o	n
l	a	n	o	o
p	n	y	w	e

k	a	n	g	o
h	h	e	a	p
e	c	g	a	n
l	a	n	n	o
p	n	e	e	t



Sight words / Sigwoorde

Read:

good

bad

caring

friends

Trace it:

good

bad

caring

friends

Write it:

Week 17

Grade 1

Lees:

goed

sleg

omgee

vriende

Teken op die stippellyne:

goed

sleg

omgee

vriende

Skryf dit:

Unscramble the letters:

gincar

dogo

dba

ndsfrie

Ontleed die woorde:

gemoe

doge

segl

verdie

Number 17

Colour in



Make 17 dots on the dice

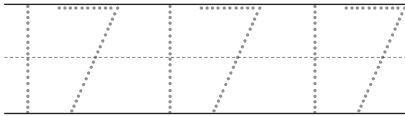


Circle the word seventeen

seventeen seventeen
 fifteen
fifteen sixteen

Trace

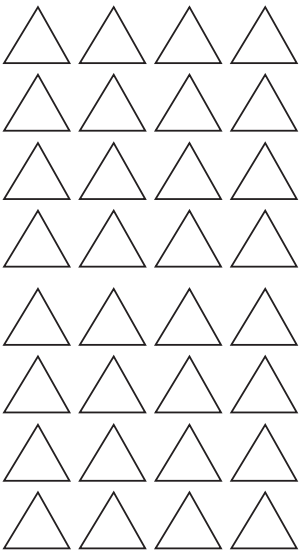
Write



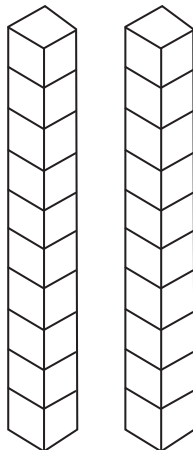
Week 17

Grade 1

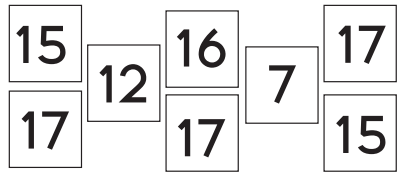
Colour in 17 triangles



Colour in 17 blocks



Colour in the number 17



Before and after 17



Phonics / Klanke

Replace beginning sounds to form new words:



cat

..... at

..... at



van

..... an

..... an



map

..... ap

..... ap



net

..... et

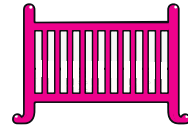
..... et



big

..... ig

..... ig



cot

..... ot

..... ot

Vervang die begin klank om nuwe woorde te vorm:



kat

..... at

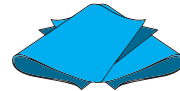
..... at



man

..... an

..... an



lap

..... ap

..... ap



et

..... et



lig

..... ig

..... ig



rot

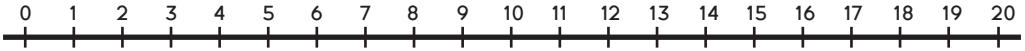
..... ot

..... ot



Number bonds / Getalbande

Use the number line to help you solve the number bonds. /
Gebruik die getalrelyn om jou te help om die getalbande op te los.



<div style="text-align: center;">15</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">6</div> <div style="text-align: center;">□</div> </div>	<div style="text-align: center;">17</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">□</div> <div style="text-align: center;">6</div> </div>	<div style="text-align: center;">11</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">3</div> <div style="text-align: center;">□</div> </div>	<div style="text-align: center;">18</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">□</div> <div style="text-align: center;">12</div> </div>
<div style="text-align: center;">□</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">17</div> <div style="text-align: center;">3</div> </div>	<div style="text-align: center;">14</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">10</div> <div style="text-align: center;">□</div> </div>	<div style="text-align: center;">□</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">9</div> <div style="text-align: center;">8</div> </div>	<div style="text-align: center;">12</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">□</div> <div style="text-align: center;">5</div> </div>
<div style="text-align: center;">12</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">4</div> <div style="text-align: center;">□</div> </div>	<div style="text-align: center;">19</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">□</div> <div style="text-align: center;">7</div> </div>	<div style="text-align: center;">20</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">□</div> <div style="text-align: center;">11</div> </div>	<div style="text-align: center;">13</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">6</div> <div style="text-align: center;">□</div> </div>
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Problem Solving / Probleem oplossing

1. I have 9 apples. I eat 6 apples. How many apples are left?/
Ek het 9 appels. Ek eet 6 appels. Hoeveel is oor?



$$\boxed{} - \boxed{} = \boxed{}$$

2. Sally has 8c. Tyger has 3c. What is the difference/
Sally het 8c. Tyger het 3c. Wat is die verskil?



$$\boxed{} - \boxed{} = \boxed{}$$

3. There are 10 chickens. 5 chicken ran away. How many chickens are left?/
Daar is 10 hoenders. 5 hoenders hardloop weg. Hoeveel hoenders bly oor?



$$\boxed{} - \boxed{} = \boxed{}$$

4. I see 7 people. 5 people walked away. How many people are left?/
Ek sien 7 mense. 5 mense loop weg. Hoeveel mense bly oor?



$$\boxed{} - \boxed{} = \boxed{}$$



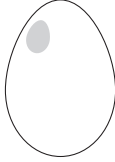
Revise Phonics / Hersien Klanke

Sounds: b,c,m, d,e,f,t,g,h. / Klanke: b, k, m, d, e, f, t, g, h.

Fill in the beginning sound of the word:



.....



.....



.....



.....



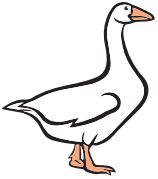
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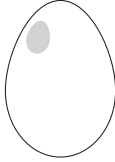
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Week 17

Vul die begin klank van die volgende woorde:



.....



.....



.....



.....



.....



.....

Grade 1

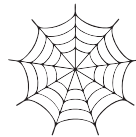
Fill in the last sound of the word: / Vul in die laaste klank van die woord:



.....



.....



.....



.....



Syllables / Lettergrepe

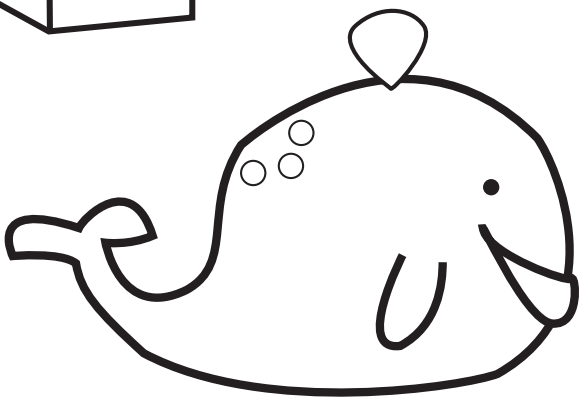
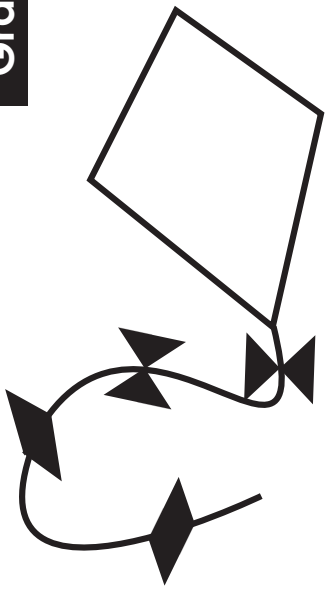
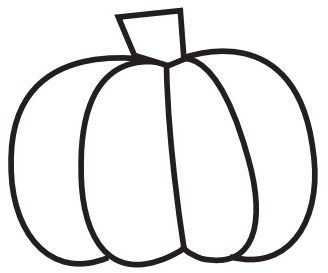
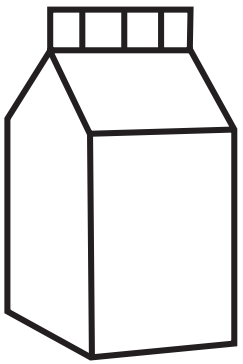
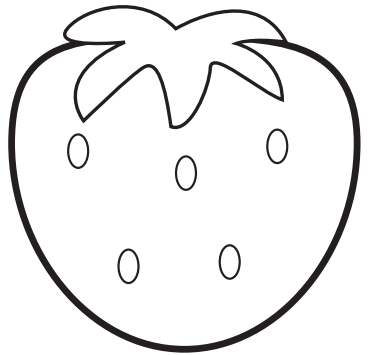
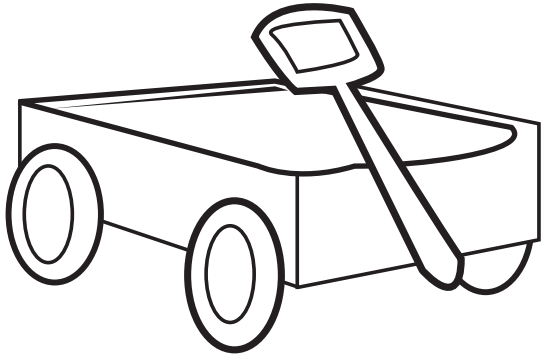
Clap the syllables. Use the code to colour the pictures. /
Klap die lettergrepe. Gebruik die kode om die prente in te kleur.

1 clap/1 klap

2 clap/2 klappe

3 claps/3 klappe

3 claps/3 klappe



Week 17

Grade 1

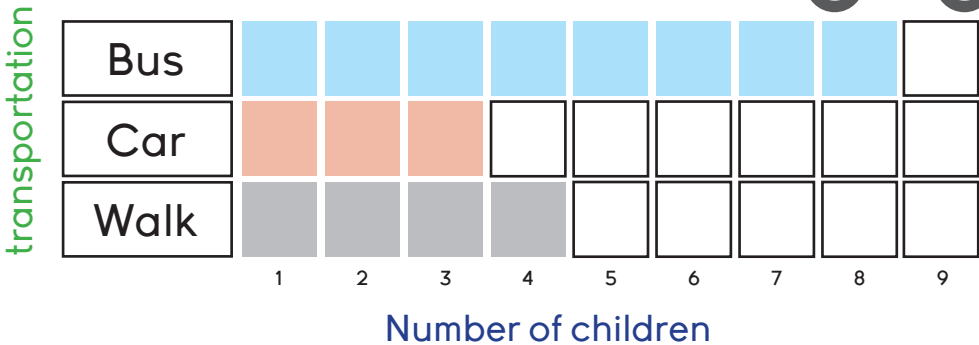
Data Handling / Data Hantering

How do you get to school? / Hoe kom jy by die skool?

Use the bar graph to answer the questions. /
Gebruik die grafiek om die vrae te beantwoord.



Getting to school



1. How many children take the bus to school? / Hoeveel kinders vat die bus skool toe?

.....

2. How many children walk to school? / Hoeveel kinders stap skool toe?

.....

3. How many more children take the bus than a car? / Hoeveel meer kinders vat die bus as wat hulle met die kar ry?

.....

4. How many children take the bus and drive in a car in total? / Hoeveel kinders vat die bus en ry in 'n kar in totaal?

.....

5. Which transportation method do children take the most? / Watter tipe vervoer vat die meeste kinders?

.....

6. Which transportation method do children take the least? / Watter tipe vervoer vat die minste kinders?

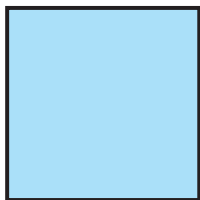
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English Activity

Geometry: 2D Shapes

Complete

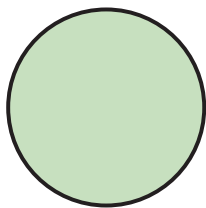
Draw and
colour the shape.

This 2D shape is a

_____.

It has _____ corners.

It has _____ sides.

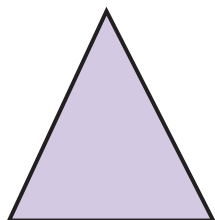


This 2D shape is a

_____.

It has _____ corners.

It has _____ sides.



This 2D shape is a

_____.

It has _____ corners.

It has _____ sides.



This 2D shape is a

_____.

It has _____ corners.

It has _____ sides.



Length / Lengte

Use your hand spans to measure the following: /
Gebruik jou handspan om die volgende te meet:

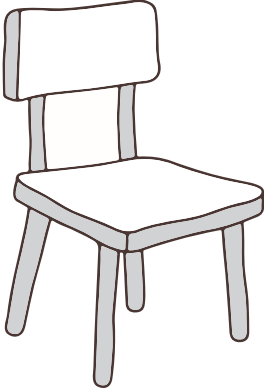


table / tafel -

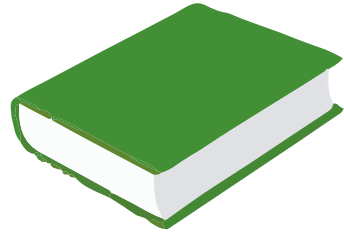
.....

chair / stoel -

.....

book / boek -

.....



Use your footsteps to measure the following: /
Gebruik jou voetstap om die volgende te meet:



car / kar-

.....

one side of your room /
een kant van die kamer-

.....

gate / hek-

.....



Reading comprehension/ Lees begrip

Read the short passage and answer the questions.

My Friend

My friend's name is Ben. Ben is a great friend.
He is five years old. Ben plays soccer. We have so
much fun together!

1. What is my friend's name?

2. How old is he?

3. What does he play?

Lees die kort storie en beantwoord die vrae:

My Vriend

My vriend se naam is Ben. Ben is 'n goeie vriend.
Hy is vyf jaar oud. Ben speel sokker. Ons het
soveel pret saam!

1. Wat is my vriend se naam?

2. Hoe oud is hy?

3. Wat speel hy?



Is the following a statement or a question? /
Is die volgende 'n stelling of 'n vraag?



Read the sentences and say whether its a question or a statement.

Put a cross next to 'S' if its a statement and a cross next to 'Q' if its a question.

Lees die sinne en wys of dit 'n vraag of 'n stelling is. Sit 'n kruis langs die 'S' as dit 'n stelling is en 'n kruis langs die 'Q' as dit 'n vraag is.

1. How many windows do you see /
Hoeveel vensters sien jy

2. The ghost is white in colour /
Die spook is wit.

3. The moon is shining bright /
Die maan skyn helder

4. Do you see the flying bats /
Sien jy die vlieënde vlermuise

5. The tree is behind the house /
Die boom is agter die huis

6. Can you see any leaves on the tree /
Kan jy enige blare op die boom sien

7. The house looks very spooky /
Die huis lyk baie spokerig

S Q/V

S Q/V

S Q/V

S Q/V

S Q/V

S Q/V

S Q/V

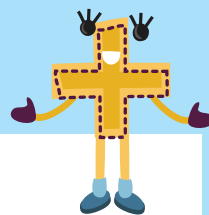
Now go back and punctuate each of the sentences.
Add a '?' for all the questions and a '.' for all the statements. /

Gaan nou terug en punktueer al die sinne.

Sit 'n '?' vir al die vrae en 'n '.' vir al die stellings.



Complete the train sum. /
Voltooi die trein-som.

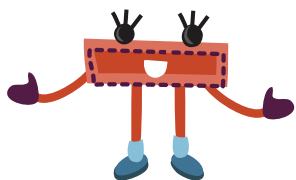


Start here /
Begin hier

2

+2

+1



double /
verdubbel



-3

+2

halve /
halfeer



double /
verdubbel



halve /
halfeer

+1

end here /
eindig hier



Being safe / Veiligheid

Vocabulary / Woordeskat

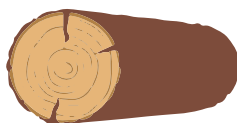
Read the vocabulary words. / Lees die woordeskat woorde.



wolf



basket / mandjie



wood / hout



path / pad

Fill in the missing letters

___ol___

b___sk___t

w___ ___d

p___th

n___s___

Search the vocabulary words.

b	a	s	k	e	t
i	k	w	o	o	d
p	a	t	h	m	o
s	w	o	l	f	r

Vul die ontbrekende letters in

___ol___

m___nd___ie

h___ ___t

p___d

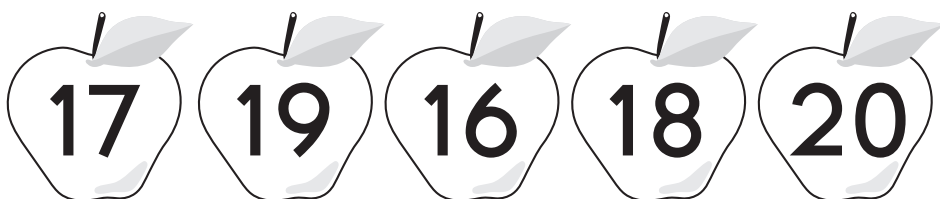
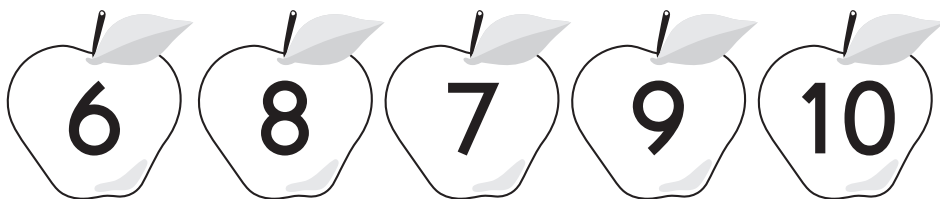
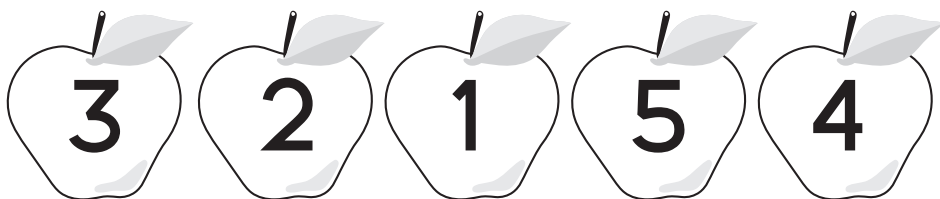
Vind die woordeskat woorde.

m	a	n	d	j	i	e
i	k	h	o	u	t	k
p	a	d	h	m	o	p
s	w	o	l	f	r	l



Odd and even numbers / Ewe en Onewe getalle

Colour the appels with odd numbers **red**.
 Colour the appels with even numbers **green**.
 Kleur die appels met onewe getalle **rooi** in.
 Kleur die appels met ewe getalle **groen** in.



Sight words / Sigwoorde

Read:

he

she

I

am

Trace it:

he he

she she

I I

am am

Write it:

Lees:

hy

sy

ek

is

Teken op die stippellyne:

hy hy hy

sy sy sy

ek ek ek

is is is

Skryf dit:

Find and circle the sight words:

at	I	he
she	my	is
am	the	on

Vind en omkring die sigwoorde:

het	ek	hy
sy	my	is
die	gaan	op



Number bonds / Getalbande



Fill in the missing numbers to make 10. /
Vul die ontbrekende getalle in om 10 te maak.

7 + ____ = 10

9 + ____ = 10

4 + ____ = 10

8 + ____ = 10

5 + ____ = 10

10 + ____ = 10

Fill in the missing facts. / Vul die feite in.
10 is 1 more than / 10 is meer as 9

10 is ____ more than 7

10 is ____ meer as 7

10 is ____ more than 8

10 is ____ meer as 8

10 is ____ more than 5

10 is ____ meer as 5

10 is ____ more than 6

10 is ____ meer as 6

10 is ____ more than 3

10 is ____ meer as 3

10 is ____ more than 4

10 is ____ meer as 4

10 is ____ more than 1

10 is ____ meer as 1

10 is ____ more than 2

10 is ____ meer as 2

Join up the pair of numbers that add up to 10. /
Verbind die getalpare om op te tel tot by 10.

5	8	2	3	9
5	4	6	7	1

Week 18

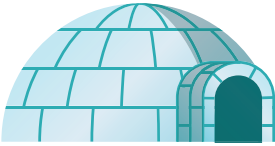
Grade 1

Revise Phonics / Hersien Klanke

Trace/Trek op die stippellyn



Circle the i's in the sentence. /
Omkring al die i's in die sin.



Ida eats ice
cream in an
igloo. /
Ida teken met
ink op die iglo.

Draw a line from the circle to the
images that begin with the letter i /
Teken 'n lyn van die sirkel tot by die
prente wat begin met die letter i.



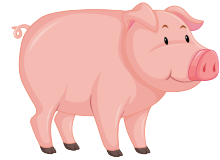
iron



ice

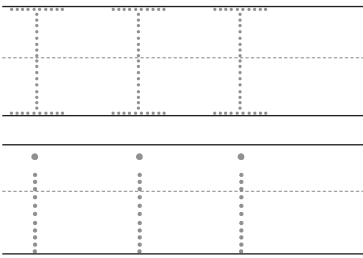


ink



pig

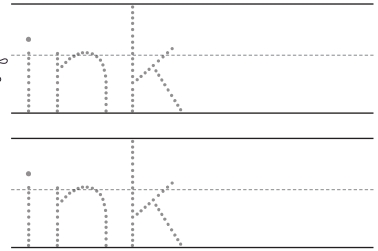
Trace/Trek op die stippellyn



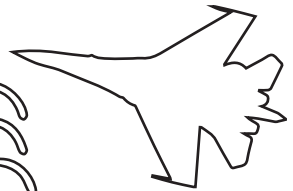
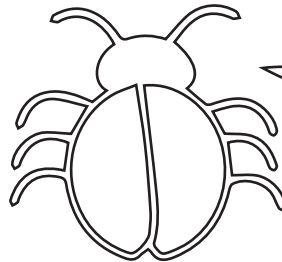
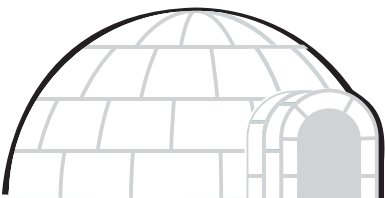
Trace and read the word. / Teken die woorde
op die stippellyn en lees die woorde.



ink

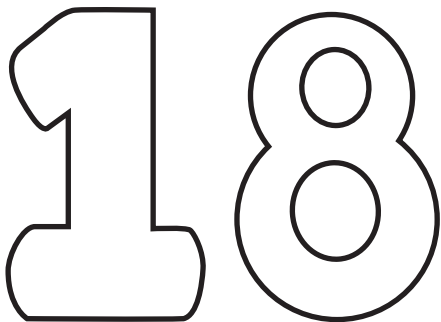


Colour the pictures that start with the letter 'i':/
Kleur al die prente in wat met die letter 'i' begin:
Insert of pics of : ice cream, igloo, insect, ink and jet



Number 18

Colour in



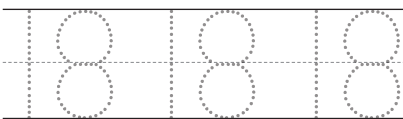
Make 18 dots on the dice



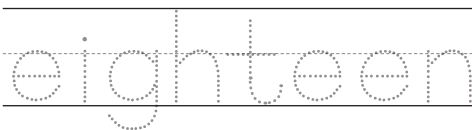
Clircle the word seventeen

fourteen eighteen
 fifteen
 sixteen nineteen

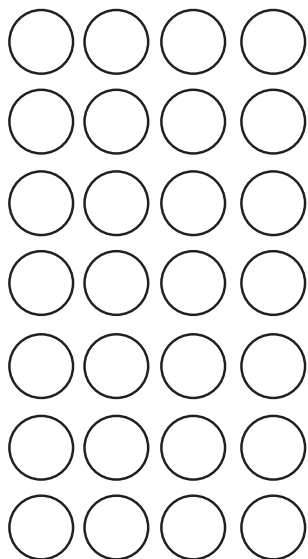
Trace



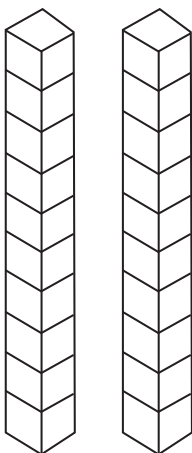
Write



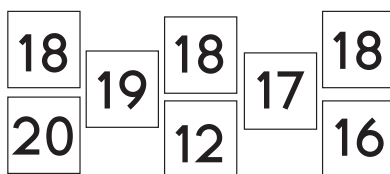
Colour in 18 triangles



Colour in 18 blocks



Colour in the number 18



Before and after 18



Phonics / Klanke

Trace/Trek op die stippellyn

Circle the j's in the sentence. /
Omkring al die j's in die sin.

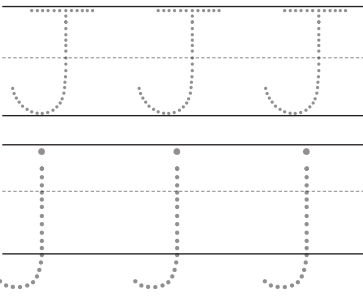
Jack jogs with
jewelry in his
jacket.
Johan jaag met
juwele in sy jas.

Draw a line from the circle to the
images that begin with the letter 'j':
/Trek 'n lyn van die sirkel tot by die
prente wat begin met die letter 'j':jug
beker

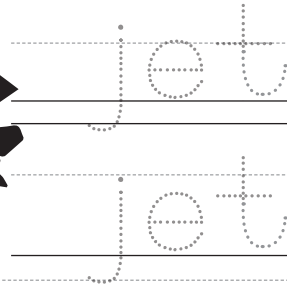
jeep

jelly
jelliecat
kat

Trace/Trek op die stippellyn

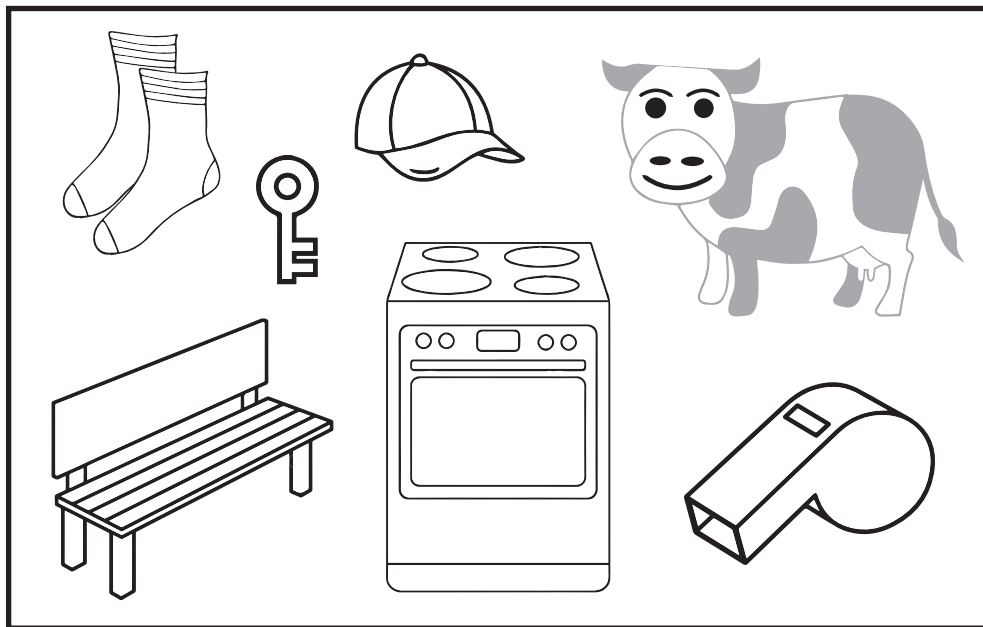
Trace and read the word. /Teken die woorde
op die stippellyn en lees die woorde.

jet

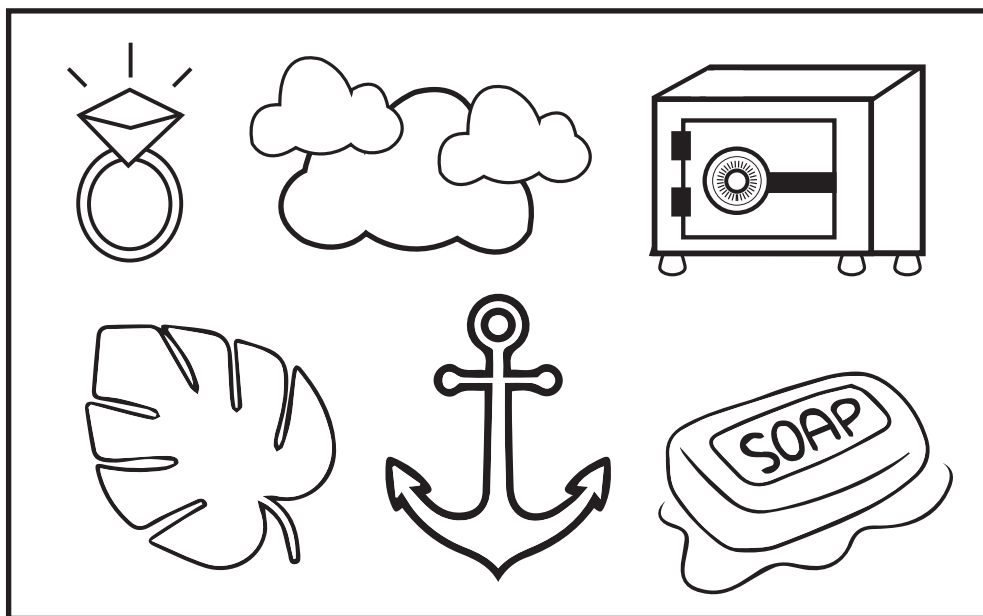
Colour the pictures that start with the letter 'j': / Kleur die prente in wat met
die letter 'j' begin:

Mass: Balance and compare / Massa: Balans en vergelyking

Colour the objects that are heavy. / Kleur die items in wat swaar is.



Colour the objects that are light. / Kleur die items in wat lig is.



Days of the week / Dae van die week

Read and write the days of the week: / Lees en skryf die dae van die week:

Sunday / Sondag

Monday / Maandag

Tuesday / Dinsdag

Wednesday / Woensdag

Thursday / Donderdag

Friday / Vrydag

Saturday / Saterdag

.....

.....

.....

.....

.....

.....

.....

1. What day is:

a) before Monday?

b) after Friday?

c) before Wednesday?

.....

.....

.....

2. Count the letters in:

a) Tuesday:

b) Thursday:

c) Saturday:

.....

.....

.....

1. Watter dag is:

a. voor Maandag?

b. na Vrydag?

c. Voor Woensdag?

.....

.....

.....

2. Tel die letters in:

a. Dinsdag:

b. Donderdag:

c. Saterdag:

.....

.....

.....



Read the words in each pot.
Circle the words that rhyme:

ran

let can rub

bin fan pan dot

man fat tan

ton rut

log

bog hug hog

met dog jog pat

bit mop smog

bit fog

ted

bed wed run

hen cat jot led

fed tip wig

rug jog

pit

bug wit hit

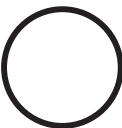
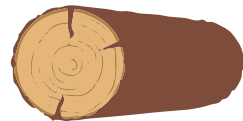
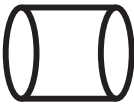
bit pen jet

bat sit lap

run fit

3D shapes / 3D vorms

Match the shape with the correct objects. /
Verbind die vorms met die item wat daarby pas.

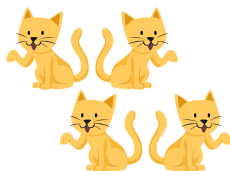


Plurals / Meervoud

Write the plural forms of the given nouns. /
Skrif die meervoud van die gegewe selfstandige naamwoorde.

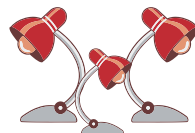


cat / kat



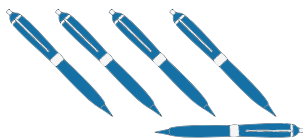


lamp





pen





chair / stoel





girl / meisie





sock / sokkie





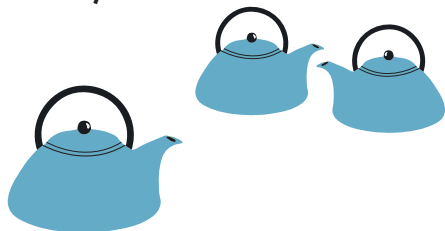
tree / boom





table / tafel





kettle / ketel



bottle / bottel





Question words:
Who, What and Where /
Vraagwoorde: Wie, Wat en Waar

Who? What? Where?

Molly went to a shop. She bought some clothes for herself.
The shop was in a mall.

Who went to the shop?

a) Molly

b) Sam

c) Mom

What did she buy?

a) car

b) clothes

c) snow

Where was the shop?

a) mall

b) beach

c) street

Wie? Wat? Waar?

Mollie het winkel toe gegaan. Sy koop kleure vir haarself.
Die winkel was in die winkelsentrum.

Wie het winkel toe gegaan?

a) Mollie

b) Sam

c) Mamma

Wat het sy gekoop?

a) kar

b) kleure

c) sneeu

Waar was die winkel?

a) winkelsentrum

b) strand

c) straat

Write questions using the following words:/
Skryf vrae deur gebruik te maak van die volgende woorde:

What: /Wat:

.....

Where: /Waar:

.....



Problem Solving / Probleem oplossing

Week 18

Grade 1

1. There are 10 pies. The wolf ate 7 pies. How many pies are left? / Daar is 10 pasteie. Die wolf eet 7 pasteie. Hoeveel pasteie is oor?

.....
.....

2. I have 7 pens. Mother gives me 3 more pens. How many pens do I have altogether? / Ek het 7 penne. Mamma gee my nog 3 penne. Hoeveel penne het ek altesaam?

.....
.....

3. There are 8 birds sitting on a wire. 4 birds fly away. How many birds are left? / Daar sit 8 voëls op 'n draad. 4 voëls vlieg weg. Hoeveel voels bly oor?

.....
.....

4. Pam has 5 marbles. She win 3 more marbles. How many marbles does Pam have altogether? / Pam het 5 albasters. Sy wen nog 3 albasters. Hoeveel albasters het sy altesaam?

.....
.....

Success begins with education

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- Step 1: Find us at www.zoshy.online or scan the QR code
- Step 2: Find your grade and select the year
- Step 3: Choose your language
- Step 4: Choose the week you want to learn out of
- Step 5: Choose lessons from what lessons there are
- Step 6: Download booklet if you do not have it
- Step 7: Watch and follow the teacher as she explains what to do in the book
- Step 8: Follow us on Facebook (Zoshy & Active Kids) to never miss a video
- Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



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In collaboration with the Ministry of Education, Arts and Culture

PRINT

1

Turn the booklet to landscape.



2

Take a ruler & tear the booklet at the top long fold.



3

Fold the booklet in half.



4

The learning journey can start.



STEPS
HOW TO TEAR & USE
THE BOOKLET



How to be a HERO

Protect others,
protect yourself



ALL HEROS
WEAR MASKS

