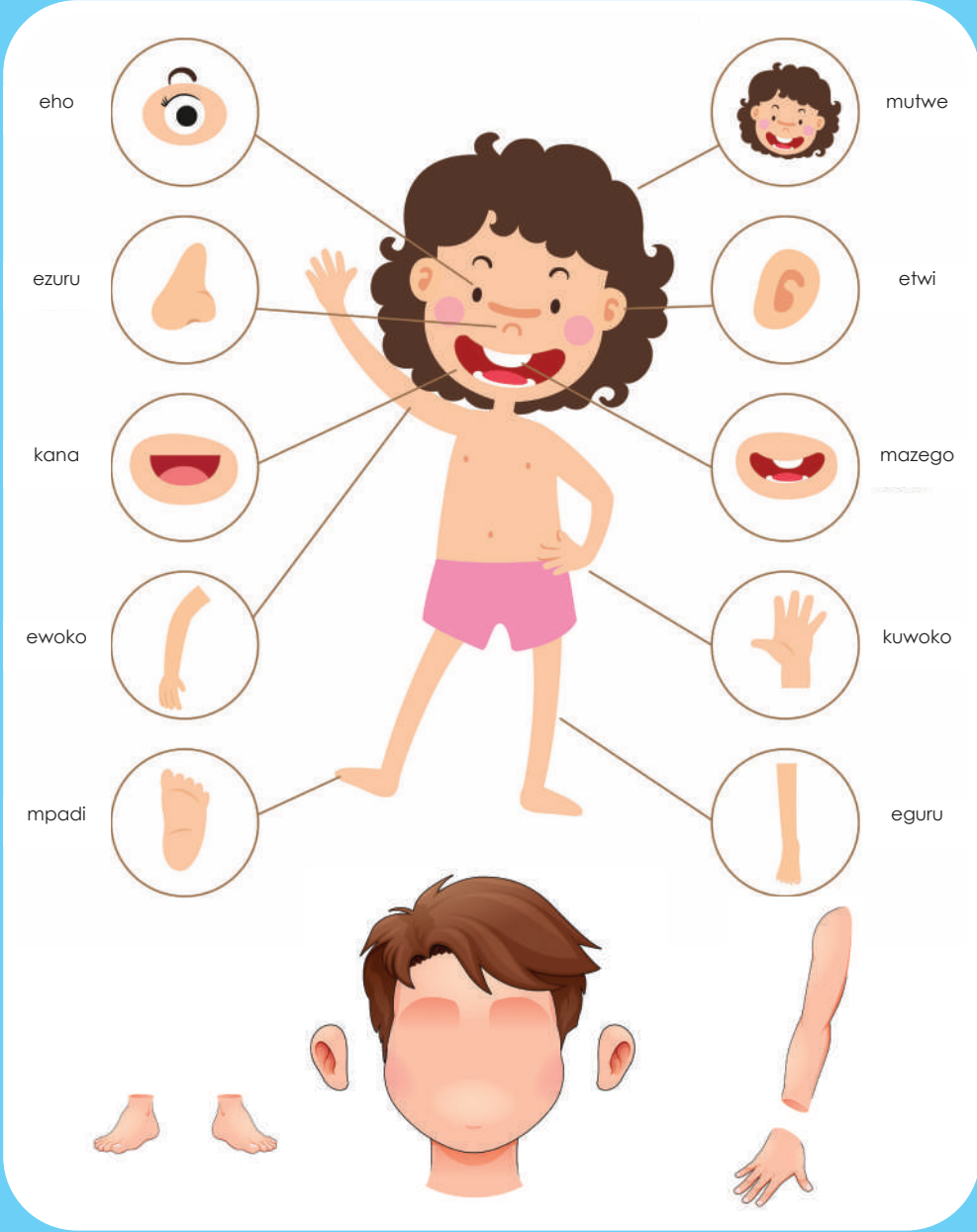
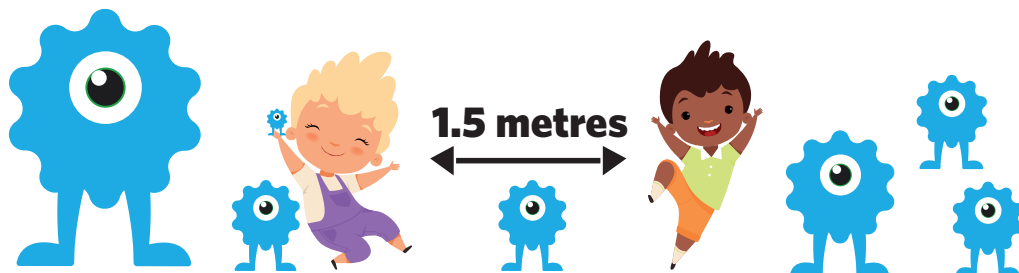


# Harade 3: Sivike 15 no 16

Rukwangali



Maruha gorutu ne Guso etokoro



1

2

3

4

5

These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

**This publication is a collaboration between the Ministry of Education, Arts and Culture and Namibia Media Holdings. This publication is sponsored by the Ministry.**

**Copyright © Ministry of Education, Arts and Culture.** All parts of this publication cannot be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without prior permission of the Ministry of Education, Arts and Culture or the Publisher.

**Production by: Namibia Media Holdings**  NAMIBIA MEDIA HOLDINGS

**Printing: Newsprint Namibia**  newsprint NAMIBIA



# Rhyme: My Body

Read the story and answer the questions:



Two little hands and two little legs.

One big back and one big chest.

Ten little fingers, ten little toes.

Two little eyes and one little nose.

Two little ears and two little feet.

One little mouth with lots of teeth.

Rosy lips and a big forehead.

And lots of hair on the head.

One little chin and two elbows.

One long neck and two chubby cheeks.

Two long arms and two round knees.

These are the parts of my body.



1. Name any three body parts that comes in pairs (two):

---

2. Name any three body parts that are not in pairs (one):

---

3. Write down the rhyming words of the following:

toes




---

elbows




---



# Mulyo gevega: Maferere, Nomurongo no Umwe

1. Nkenye nomora pamundinda, Tjanga nomora zo mafere ,nomurongo ntani umwe.

- a) 685 = 6 mafere 8 tens 5 units.
- b) 197 = \_\_\_\_ mafere \_\_\_\_ nomurongo \_\_\_\_ umwe
- c) 718 = \_\_\_\_ mafere \_\_\_\_ nomurongo \_\_\_\_ umwe
- d) 563 = \_\_\_\_ mafere \_\_\_\_ nomurongo \_\_\_\_ umwe
- e) 278 = \_\_\_\_ mafere \_\_\_\_ nomurongo \_\_\_\_ umwe
- f) 432 = \_\_\_\_ mafere \_\_\_\_ nomurongo \_\_\_\_ umwe

2. Tjanga nomora pamundinda:

- a) 3 mafere 4 nomurongo 2 umwe = 342
- b) 9 mafere 6 nomurongo 2 umwe = \_\_\_\_\_
- c) 7 mafere 9 nomurongo 3 umwe = \_\_\_\_\_
- d) 4 mafere 2 nomurongo 9 umwe = \_\_\_\_\_
- e) 2 mafere 8 nomurongo 7 umwe = \_\_\_\_\_
- f) 5 mafere 3 nomurongo 2 umwe = \_\_\_\_\_





# Yivaro

## Eturokumwe

$$\begin{array}{r} 342 \\ + 156 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 268 \\ + 213 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 532 \\ + 464 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 714 \\ + 273 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 278 \\ + 421 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 251 \\ + 521 \\ \hline \\ \hline \end{array}$$

Sivike 15

Harade 3

## Egusomo

$$\begin{array}{r} 873 \\ - 542 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 647 \\ - 315 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 945 \\ - 621 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 478 \\ - 153 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 852 \\ - 211 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 741 \\ - 320 \\ \hline \\ \hline \end{array}$$





### Mauhwinkango

maruha  
rutu  
yiruganeso  
mutjima  
mapunga  
nongera  
epumba



### Nonkangomonayiko

Papara nonkango odo mosimbangu konhi.

karere  
maguru  
mutwe

awo  
matwi  
nompadi

mawoko  
mazego  
ezuru

sizumu

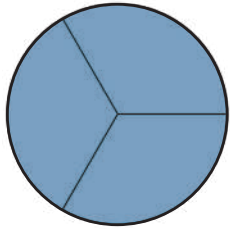


b	r	n	o	m	p	a	d	i	o	n	a
d	n	k	m	k	m	u	t	w	e	e	o
n	h	a	w	a	a	k	h	j	z	r	c
i	t	r	j	w	g	j	l	m	u	e	s
l	o	e	o	o	u	i	i	a	r	u	h
s	o	j	k	k	r	k	i	z	u	o	y
i	v	s	i	z	u	m	u	e	n	a	t
k	a	r	e	r	e	a	u	g	k	g	m
n	y	u	o	o	a	t	i	o	l	a	a
r	t	t	h	n	t	w	h	u	n	n	o
m	a	w	o	k	o	i	n	o	j	s	n

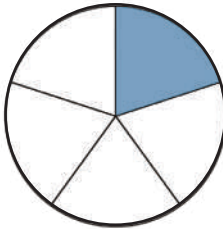


# Yintetwa

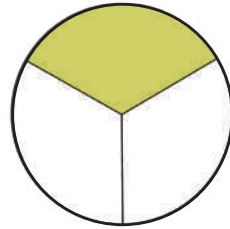
Kantetwa musinke vana kulikida mwankenye sifanekeso?



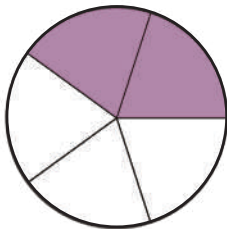
\_\_\_\_\_



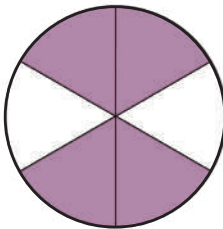
\_\_\_\_\_



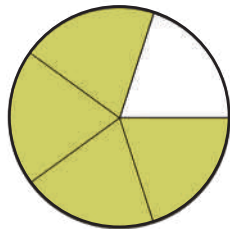
\_\_\_\_\_



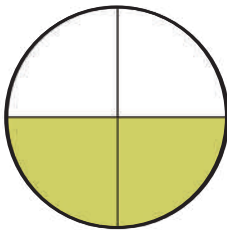
\_\_\_\_\_



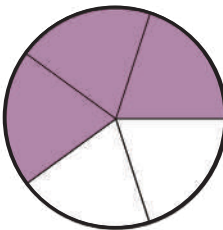
\_\_\_\_\_



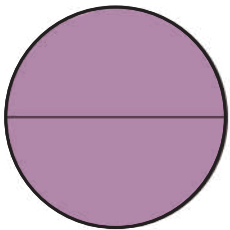
\_\_\_\_\_



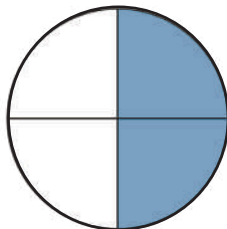
\_\_\_\_\_



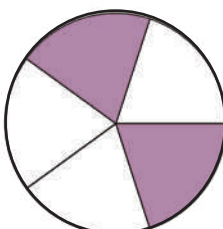
\_\_\_\_\_



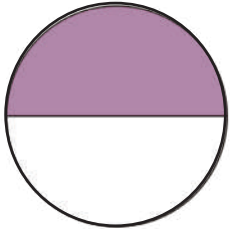
\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

Sivike 15

Harade 3



## Emeto



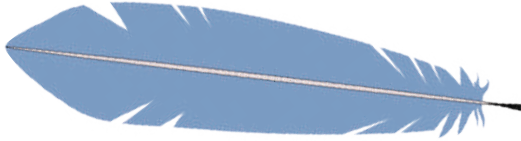
Ngungunika: \_\_\_\_ cm

Emeto: \_\_\_\_ cm



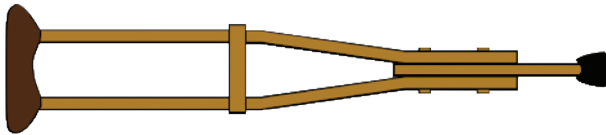
Ngungunika: \_\_\_\_ cm

Emeto: \_\_\_\_ cm



Ngungunika: \_\_\_\_ cm

Emeto: \_\_\_\_ cm



Ngungunika: \_\_\_\_ cm

Emeto: \_\_\_\_ cm



Ngungunika: \_\_\_\_ cm

Emeto: \_\_\_\_ cm

## Phonics: gr-sound

Re-write the phonic words.

gr



grin \_\_\_\_\_

grin \_\_\_\_\_

grow \_\_\_\_\_

grow \_\_\_\_\_









green \_\_\_\_\_

green \_\_\_\_\_

grab \_\_\_\_\_

grab \_\_\_\_\_

Fill in the gr sound.

 g _ ab	 _ _ apes	 _ _ ow	 _ _ een
 g _ ass	 _ _ in	 _ _ ub	 _ _ ain

Sivike 15

Harade 3

Fill in the missing letters.

g	r						a				e	e						e	
---	---	--	--	--	--	--	---	--	--	--	---	---	--	--	--	--	--	---	--

Write a sentence with the word grass.

---



# Ehonono maudigu

1. Po sure kwa karapo vanona wo vamati 124 ntani wo vakadona 163. Mokatji ko vanona owo, 144 kwa kara nonohuki dononsovagani. Vanona vangapi vadira kukara nonohuki dononsovagani?

---

2. Anna kuna kara no N\$65 makura yiyo ana tora N\$20 monzira. Kositora, Anna yiyo ana randa sipakote so mautovara gana ku kosa N\$25. Yimaliva yingapi yina muhupirepo?

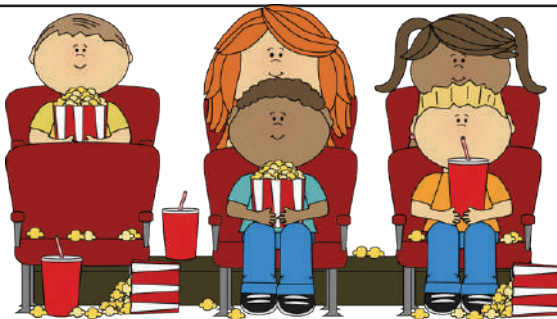
---

3. Koto kuna kara no nopena dekara 458. Yiyo ana zumbanesa po 120 ntani ana gava nopena dekara 212 kwa Anna. Nopena dekara dingapi dina muhupirepo koto?

---

4. Vanona 41 ntani no vakurona 24 kwazire va katarere sidanauka ko fivi, mo masiku goutano. Nsene yipundi yomo nzugo zo fivi kwa kara 177, yipundi yingapi yapilire vantu?

---



# Etwaromo lyo yi gwanekedesonkango

3

ntani	(Ntani) ku gwanekedesa no ntanto mbali dina kuliza: Ame kwa hara maapura ntani mabanana.
nye	(nye) ku gwanekedesa no ntanto mbali dina kudira kuliza: ame kwa hara omu adi nuka nomfi nye kapi ani dili.
morwa	(morwa) ku ziruganesa po kulikida konda: nali mboroto morwa nzara kani zuvhu.
yiyo	(yiyo) ku likida yitundwamo yo matokoro ndi konda: mvhura kuna kuroka yiyo nakusimbira etangwa lyange.

Sivike 15

Harade 3





# Yigwanekedesonkango

Manesa no ntanto kuruganesa yigwanekedesonkango oyo mosimbangu. Ruganesa nkenye nkango rumwe tupu.

ntani ndi morwa nye

komeho yiyo konyima



1. Otate \_\_\_\_\_ onane kwa harange unene.
2. Wahepa kudwara mbindja zoge \_\_\_\_\_ tuze.
3. Wahepa kuhwilira \_\_\_\_\_ nina patwilire evero.
4. Ove kwa hara ruvara rorugeha \_\_\_\_\_ rosineguru?
5. Ame nina horowora po simbindja so sigeha \_\_\_\_\_ yiro ruvara rwange naharapo unene.
6. Ame kwa hara mautovara \_\_\_\_\_ kuvere sange.
7. Tatu tengura kembo \_\_\_\_\_ zo siruwo.



## Evhukiso

2

3

4

## Evhukiso lyo 2

$\square \times 2 = 2$

$2 \times \square = 4$

$\square \times 2 = 6$

$4 \times 2 = \square$

$5 \times \square = 10$

$\square \times 2 = 12$

$7 \times 2 = \square$

$8 \times \square = 16$

$9 \times 2 = \square$

$\square \times 2 = 20$

$11 \times \square = 22$

$12 \times 2 = \square$

## Evhukiso lyo 3

$1 \times \square = 3$

$\square \times 3 = 6$

$3 \times \square = 9$

$4 \times \square = 12$

$\square \times 3 = 15$

$6 \times 3 = \square$

$7 \times \square = 21$

$8 \times \square = 24$

$9 \times 3 = \square$

$\square \times 3 = 30$

$11 \times \square = 33$

$12 \times 3 = \square$

## Evhukiso lyo 4

$1 \times \square = 4$

$\square \times 4 = 8$

$3 \times 4 = \square$

$4 \times \square = 16$

$\square \times 4 = 20$

$6 \times \square = 24$

$7 \times 4 = 28$

$8 \times \square = 32$

$\square \times 4 = 36$

$\square \times 4 = \square$

$11 \times \square = 44$

$\square \times 12 = 48$

Sivike 15

Harade 3

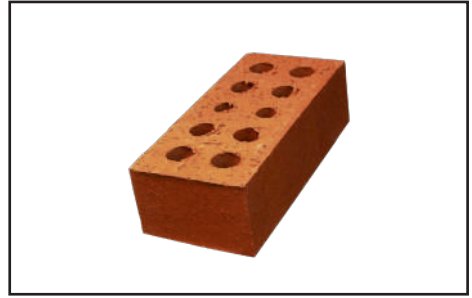


# Makovhu

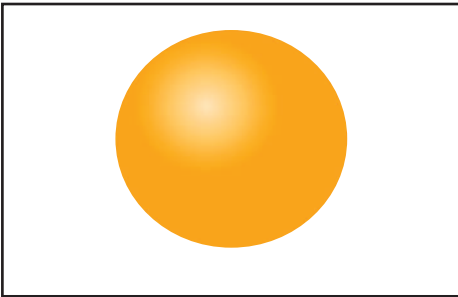
Likida makovhu no silivindakano:



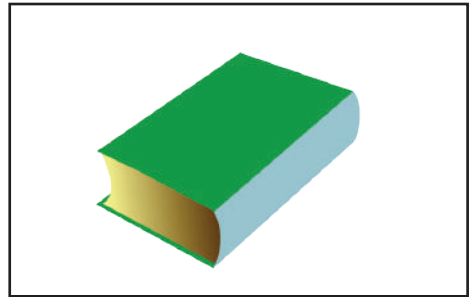
\_\_\_\_\_ makovhu ga



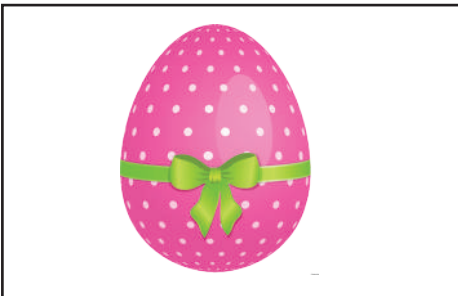
\_\_\_\_\_ makovhu ga



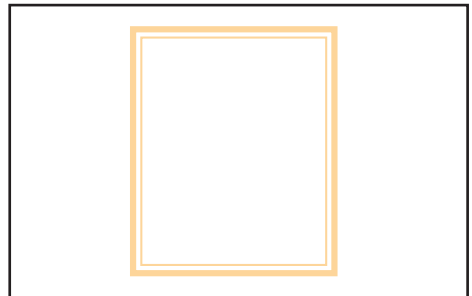
\_\_\_\_\_ makovhu ga



\_\_\_\_\_ makovhu ga



\_\_\_\_\_ makovhu ga



\_\_\_\_\_ makovhu ga

## Syllables

Look at each picture and clap the syllables. Cut and paste the pictures next to the correct number.



1















2



3

Sivike 15

Harade 3

					
bunny	bus	animals	rain	chocolate	bug
					
eggs	basket	flower	gigantic	muddy	umbrella





# Malizuvo gange name

## Manesa yiuyunga oyo moyimbangu:

Mumbya gwa sara go mumati ana liganda yiyo ana putuka po nongoro dendi. Sara age ana guvu ntani ana hetekereko ku muvatera no ku muhengagwida.

Sara tauyunga asi “ ani nanee! Mumbyange, ninka ni kuvatere.



Apa onane va sema vana divara kamusimba po kupwaga sure, age ana guvu no kuhandukira ozina. Yinke ana vasansekere?

Sema ana uyunga “ \_\_\_\_\_.”



John kuna rwana nasipwa sendi. Age nkare akandanepo erwano eli. Yinke ana uyunga?

John ana uyunga asi “ \_\_\_\_\_.”



Kado kuna gwana no penta nadye do kuzulilira ke konakonogona lyendi. Kuna hara kutantero mu kwawo zendi age gahana ku muzuvisa nyengo. Yinke ana uyunga?

Kado ana uyunga asi “ \_\_\_\_\_.”



Kwama monzira ntani  
otjange nonomora douhunga  
moyimbangugona yina dili Yuma.



$$10 \xrightarrow{+3} 13 \xrightarrow{-5} 8 \xrightarrow{+6} \square \xrightarrow{-4} \square \xrightarrow{+8} \square$$

$$12 \xrightarrow{+6} \square \xrightarrow{-5} \square \xrightarrow{+7} \square \xrightarrow{+10} \square \xrightarrow{-8} \square$$

$$15 \xrightarrow{+7} \square \xrightarrow{-6} \square \xrightarrow{+9} \square \xrightarrow{-8} \square \xrightarrow{+5} \square$$

$$18 \xrightarrow{+2} \square \xrightarrow{-6} \square \xrightarrow{+10} \square \xrightarrow{-5} \square \xrightarrow{+6} \square$$

$$20 \xrightarrow{-1} \square \xrightarrow{-4} \square \xrightarrow{+3} \square \xrightarrow{-7} \square \xrightarrow{-6} \square$$

$$\square \xrightarrow{+4} 14 \xrightarrow{-7} \square \xrightarrow{+3} \square \xrightarrow{-5} \square \xrightarrow{+10} \square$$

$$\square \xrightarrow{-6} 13 \xrightarrow{+7} \square \xrightarrow{-5} \square \xrightarrow{-4} \square \xrightarrow{+8} \square$$





# Kuresa

## Mauhwinkango

kutoona  
kuvatera  
kuvaka  
kutuka  
nongopa



## Nonkangomonayiko

nawa  
gazara  
kupulisira  
pandura  
unankondo

Sivike 16

Harade 3



## Phonics: a-e



Use any 3 words above and make your own sentences:

---



---



---



---



---



---



---



---



# Yivarero Eturokumwe

$$\begin{array}{r} 346 \\ + 232 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 416 \\ + 243 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 107 \\ + 481 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 125 \\ + 234 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 240 \\ + 453 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 388 \\ + 211 \\ \hline \\ \hline \end{array}$$

Sivike 16

## Gusamo

$$\begin{array}{r} 899 \\ - 436 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 296 \\ - 154 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 474 \\ - 261 \\ \hline \\ \hline \end{array}$$

Harade 3

$$\begin{array}{r} 368 \\ - 107 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 176 \\ - 130 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} 566 \\ - 324 \\ \hline \\ \hline \end{array}$$



# Subject-verb agreement

The subject and verb must agree in number.

**Example:** He goes to work by bus.

They go to work by bus

Look at each picture and choose the correct form of the verb that matches the subject:

- 1) Cows \_\_\_\_\_ in the meadow.



graze / grazes

- 2) Janet \_\_\_\_\_ her school bag.



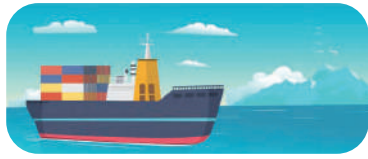
pack / packs

- 3) The bunny \_\_\_\_\_ the eggs.



hide / hides

- 4) Ships \_\_\_\_\_ in the sea.



sail / sails

- 5) Elephants \_\_\_\_\_ water with their trunks.



drink / drinks

- 6) The boy \_\_\_\_\_ the dog.



hug / hugs

- 7) Christina \_\_\_\_\_ at herself in the mirror.



looks / look

- 8) The butterflies \_\_\_\_\_ their wings.



flutter / flutters



# Kuvalipika no kuturaharufa

- Valipika 16 = \_\_\_\_\_
- Valipika 24 = \_\_\_\_\_
- Valipika 11 = \_\_\_\_\_
- Valipika 20 = \_\_\_\_\_
- Valipika 33 = \_\_\_\_\_
- Valipika 50 = \_\_\_\_\_



Sivike 16

Harade 3

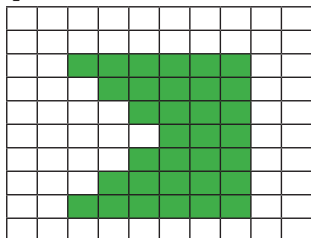
- Harufa zo 24 = \_\_\_\_\_
- Harufa zo 16 = \_\_\_\_\_
- Harufa zo 40 = \_\_\_\_\_
- Harufa zo 100 = \_\_\_\_\_
- Harufa zo 12 = \_\_\_\_\_
- Harufa zo 30 = \_\_\_\_\_



# Evega: kuvarura yikwambando

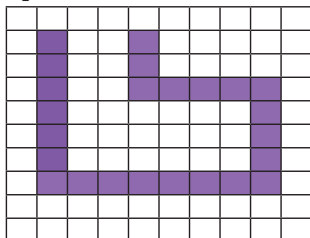
Gwana evega lya nkenye sifano:

1)



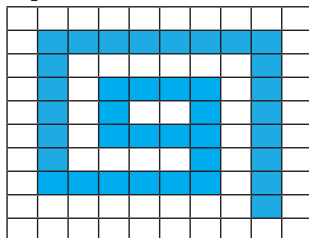
Evega lyo   
sikwambando

2)



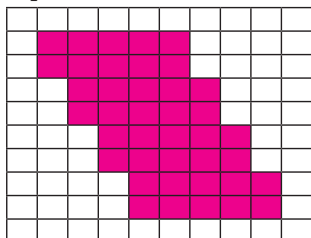
Evega lyo   
sikwambando

3)



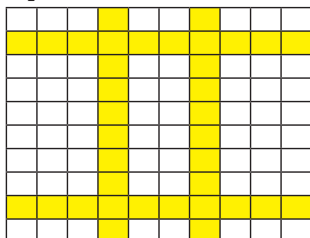
Evega lyo   
sikwambando

4)



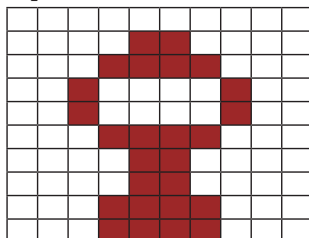
Evega lyo   
sikwambando

5)



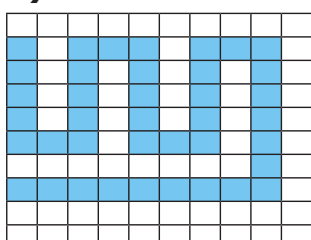
Evega lyo   
sikwambando

6)



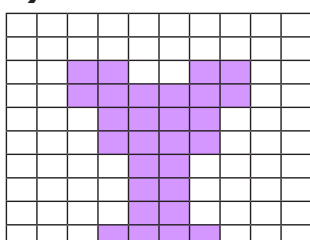
Evega lyo   
sikwambando

7)



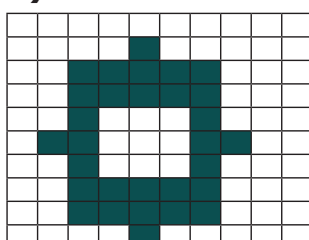
Evega lyo   
sikwambando

8)



Evega lyo   
sikwambando

9)



Evega lyo   
sikwambando



Nondikidivega doruveze:

3

po / ko / mo

Zwidamo nondikidivega douhunga pomavega go muporongwa.

1. Petu nga gwanesa \_\_\_\_\_ mazuva 17 gaMurongankuru.
2. Nkenye apa mufu kutameka \_\_\_\_\_ mazuva 15 ga siwogedi.
3. Pena zange pozili \_\_\_\_\_ sitafura.
4. Epata lyange nkenye apa kuza \_\_\_\_\_ yitare.
5. Ehina lyorutenda ngali katuka \_\_\_\_\_ vili zo 8 mungura.
6. Ame kwa hara kuza \_\_\_\_\_ mapya.
7. Ame kwa hara kudingura omama \_\_\_\_\_ utano.
8. Koto kuza \_\_\_\_\_ sure nkenye ngurangura.

Sivike 16

Harade 3





# Ekohonono udigu

1. Mumati gokuguva kuna kutoragura nombambangili dekefuta  
17. Nombambangili dingapi natora momazuva 8?

---

2. Mukadona gokuguva kunatora mamanya. Yiyo ana zugumine  
13 momukuro. Mamanya gangapi gana hupupo?

---

3. Vanona wokuhafa kuna kuruganesa yihemere yi 3 yevhu  
vadike mbara zimwe. Yihemere yingapi yevhu nava vura  
kuruganesa vadike nombara 21 devhu.

---

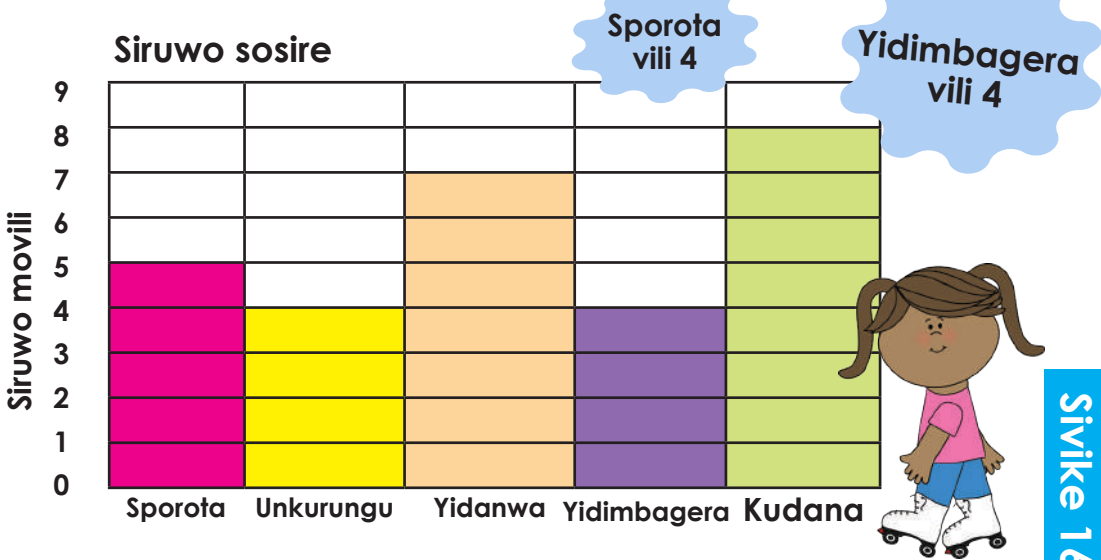
4. Koto kuna kuninkira petu sipito setetukiso. Age kuna zigida  
vamati 21 ntani vakadona 19. Vamati 18 yiwo vana yamoneka  
kosipito.vanona vangapi vana kara posipito?

---



# Eruganeso mauzera

Koto kuna faneke grafika, zina kulikida siruwo ga ruganesa komaudano gopankarapamwe mo kwedi kumwe.



Sivike 16

Harade 3

1. Novili dingapi karuganesere koyidanwa?

---

2. Novili dingapi karuganesere ko siporota?

---

3. Udano musinke karuganesere novili dononsesu?

---

4. Udano musinke karuganesere novili dononsesu?

---

5. Novili dingapi karuganesere ko unkurungu?

---

6. Novili dingapi koruganesere kokudana sivhulise unkurungu?

---



# Payinzi:

Manesa nontanto ove otjindje nonkango odo dina  
kara motunkontje yize payinzi.

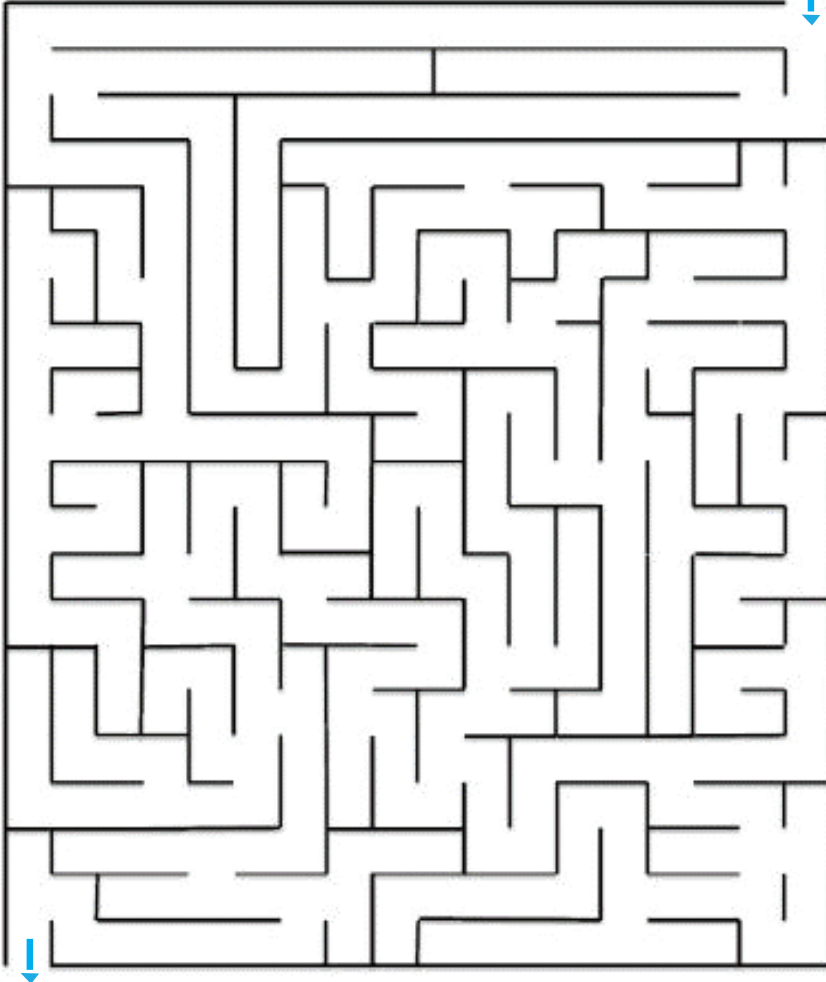
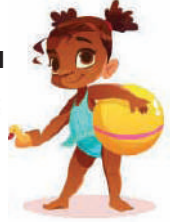
1. \_\_\_\_\_ (mukandona) vana hafa morwa kuna  
gwana \_\_\_\_\_ (sidaneso) yo yipe.
2. Edi \_\_\_\_\_ (nzira) do kuza kosure.
3. Koto \_\_\_\_\_ (mvhura) dendi mbali.
4. Onane kava rende \_\_\_\_\_ (ekehe) go mageha.
5. Edi \_\_\_\_\_ (nsapi) doge.
6. Ose kwa kara \_\_\_\_\_ (mumati) murongonane  
monkondwa rongero zetu.
7. \_\_\_\_\_ (sindongi) yinzi yakara pofarama.
8. Mate kuna hara kupongayika \_\_\_\_\_ (sitendeso).



# Eguso Etokoro

Vatera Mate atokore asi nzira zipi nagenda aka sike kosidiva setata oku vana kumundindirara vaholi zendi, yipo vaka mbwitukemo.

Kutameka



Kumanesa



Sivike 16

Harade 3





# Evhukiso

5

## Evhukiso Iyo 5

$$1 \times \square = 5$$

$$\square \times 5 = 10$$

$$3 \times 5 = \square$$

$$4 \times \square = 20$$

$$5 \times 5 = \square$$

$$7 \times \square = 30$$

$$\square \times 5 = 40$$

$$9 \times 5 = \square$$

$$\square \times 5 = 50$$

$$11 \times \square = 55$$

$$\square \times 5 = 60$$

## Evhukiso Iyo 10

$$\square \times 10 = 10$$

$$2 \times \square = 20$$

$$3 \times 10 = \square$$

$$4 \times \square = 40$$

$$\square \times 10 = 50$$

$$7 \times 10 = \square$$

$$\square \times 10 = 80$$

$$9 \times \square = 90$$

$$10 \times 10 = \square$$

$$11 \times \square = 110$$

$$\square \times 10 = 120$$



# Success begins with education

Parents will be able to visit the website and watch daily videos or they can subscribe to our Zoshy Telegram channel to receive daily videos. One can also download the PDF version of the book on the website. Also watch our daily show on Active Kids to watch your favourite lessons.



<https://t.me/zoshyonline>

How does it work?



## Easy peasy steps to follow

## Register at zoshy

You can save your favourite lessons and find them easier

For extra perks!



ONLINE

Step 1: Find us at [www.zoshy.online](http://www.zoshy.online) or scan the QR code

Step 2: Find your grade and select the year

Step 3: Choose your language

Step 4: Choose the week you want to learn out of

Step 5: Choose lessons from what lessons there are

Step 6: Download booklet if you do not have it

Step 7: Watch and follow the teacher as she explains what to do in the book

Step 8: Follow us on Facebook (Zoshy & Active Kids ) to never miss a video

Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



[www.zoshy.online](http://www.zoshy.online)

In collaboration with the Ministry of Education, Arts and Culture

PRINT

1

Turn the booklet to landscape.



2

Take a ruler & tear the booklet at the top long fold.



3

Fold the booklet in half.



4

The learning journey can start.



**STEPS**  
HOW TO TEAR & USE  
THE BOOKLET



Ministry of Education  
Arts and Culture

 Capricorn Foundation



NAMIBIAN  
COMMUNITY TRUST



ONLINE SCHOOL



ACTIVE KIDS

# GET TO KNOW YOUR TEACHERS!



**Olga José**

Life Skills teacher at the Hearing Impaired school and  
sign language teacher at My Zone Online School.

Online school has made it possible for learners to learn in a flexible way at their pace,  
the inclusion of our special learners (deaf) brought tears to our eyes as the aim is  
"Education for all"

I am amazed at what is accomplished so far. Well done online education.

## Get to know more about another language!

Word of the week: **read**

**Oshikwanyama**

lesha

**Khoekhoegowab**

khomai

**Thimbukushu**

kutoya

**Deutsch**

lessen

**Oshindonga**

lesha

**Rukwangali**

kuresa

**Silozi**

kubala

**Otjiherero**

resa

**Rumanyo**

varura

**Afrikaans**

lees

**Take part in our competition  
of the week!**

**You stand a chance to**

**WIN N\$ 100**

Send a video of you reading a story in the book and tell us what you  
enjoy about reading. Whatsapp your answer with the following:

**+264 81 850 3609**

**Name & Surname, Grade, School and your video.**